

CHATTERBOX

Instructions:

1. Cut out the square below along the black lines.
2. Place paper with printed side face down.
3. Fold the square in half, both ways.
4. Fold each corner to the middle.
5. Flip it over and fold each corner to the middle.
6. Fold in half and unfold. Do the same thing the opposite way to further crease the folds.
7. Put your thumb and forefinger inside the square pockets to move the chatterbox!

<p>STRENGTH</p>	<p>1</p> <p>What are some of your most positive attributes about yourself? What are you good at?</p>	<p>2</p> <p>If you could make a rule for everyone to follow, what would it be and why do you think it's important?</p>	<p>VALUES</p>
<p>8</p> <p>What is something you could teach others?</p>	<p>3</p> <p>What do you think it means to be a good friend?</p>	<p>4</p> <p>What makes you feel better when you're having a bad day?</p>	<p>EMOTIONS</p>
<p>7</p> <p>Name a place where you feel safe and loved.</p>	<p>5</p> <p>How do you calm yourself down when you are feeling angry or frustrated?</p>	<p>6</p> <p>What are 3 things you are grateful for?</p>	<p>HOPE</p>